



WEEK ONE

Four Letter Words Week 1 : The B Word

Debbie's Main Idea:

There are some four letter words that God might consider profane when it comes to our faith in Him. (Definition of profane is something that is not sacred or biblical and is secular and not religious.)

Discussion Questions:

- Do you feel like God would be pleased with how you spend your time?
- How often do you feel as if you are too busy?
- Do you ever find yourself trying to keep up with the Jones'?
- How important is it to you to keep a Sabbath?

Read and Discuss:

Psalms 39:4-6 NLT

- What things do you want to prioritize in your life?
- Are there some things that you need to add to it?
- Are there some things that you need to subtract from it?
- When you think about the life you live right now; do you feel as if you'll have regrets?

Next Steps:

Think about your 24 hour days, how are you spending them?

Prioritize your time to grow closer to God.

Be mindful that everyday we are modeling to those around us what it is that we are prioritizing.

A Verse to Memorize:

Psalms 46:10 NLT

"Be still and know that I am God!"

If you have any questions from this discussion or the message please email them to: info@axchurch.com.