



WEEK ONE

How To Wreck Your Life in 21 Days Week 1 : Make Yourself Happy

How to Use Talk It Over:

This resource is to help you and your group discuss, in greater detail, the messages at Ax. The hope is for you to remember the content, read scripture, and discuss the application to your own life.

Cameron's Main Idea:

IF YOU WANT TO WRECK YOUR LIFE: MAKE YOURSELF HAPPY

Discussion Questions:

- Can you think of anyone who has lost honor in your eyes?
- Did anything stand out to you in this message? Something new you haven't heard?
- Have you ever done something you thought would make you happy, but it ended up leaving you disappointed in the end?
- Do you know anyone who is selfish and all about making themselves happy? Are you good friends with them?

Read and Discuss:

2 Samuel 11:1-5

- Is there anything that wasn't in the message that stood out to you from this chapter?
- As you read through this part of the story, can you identify different things that David could have done that would have kept him from choosing this mistake?
- How did David's decision to make himself happy hurt other people?

Next Steps:

Focus less on making yourself happy, and make yourself holy.

A Verse to Memorize:

James 3:13 "If you are wise and understand God's ways, prove it by living an honorable life, doing good works with the humility that comes from wisdom."

If you have any questions from this discussion or the message please email them to: info@axchurch.com.